

June 12, 2008 – **Rochester Women's Executive Group**, Meet Well-known Local and National Authors. "An Evening with Dr. Henry Hess to Discuss His New Book 'The Perfect Menopause'"

April 25, 2008 – Fantastic **Readreviews.com** review picked up by **Reuters.com**.

See:

<http://www.reuters.com/article/blogBurst/investing?bbPostId=CzAIQvvUp5TemBAbNOHE7N2nRBCdqk p9pnT9SCz1WI0ZqrNNE8>

April 17, 2008 – **Gilda Club of Rochester**. "A New Perspective on Menopause" featuring Dr. Henry Hess, his new book on menopause, and an opportunity to ask him questions.

April 10th, 2008 – Dr. Hess interviewed about *The Perfect Menopause* by Virginia Butler of Rochester, **New York's RNews**.

See article and interview at: http://www.rnews.com/Story_2004.cfm?ID=60102&rnews_story_type=18

April 7, 2008 – **The Picture of Health**, large local vitamin supplements store. "An Evening with Dr. Henry Hess, Local and National Menopause Expert."

April, 2008 – A 4.5 star, featured review published at **Bookideas.com**.

See: <http://bookideas.com/reviews/index.cfm?fuseaction=displayReview&id=4197>

April, 2008 – A "MUST READ" review published at **Bookreview.com**.

See: [http://www.bookreview.com/\\$spindb.query.listreview2.booknew.17483](http://www.bookreview.com/$spindb.query.listreview2.booknew.17483)

April, 2008 – A fantastic review published at **Readreviews.com**.

See: <http://readreviews.com/ReviewHessThePerfectMenopause.html>

March 5, 2008 – **National Women's Breast Cancer Coalition, Rochester Section**. Introducing Dr. Henry Hess's new book "The Perfect Menopause". Rochester Museum and Science Center.

The Perfect Menopause: 7 Steps to the Best Time of Your Life